



Little Silver Dermatology SkinPen® Microneedling Patient Guide

What Is Microneedling?

SkinPen® microneedling is an FDA-cleared treatment that stimulates collagen by creating controlled micro-injuries in the skin. This natural healing response improves fine lines, acne scars, texture, tone, pore size, and overall skin rejuvenation.

What to Expect:

A topical numbing cream is applied 20 minutes before treatment. Most patients describe the sensation as light pressure or mild buzzing. Redness similar to a mild sunburn may occur and typically resolves within 24–48 hours. Most patients resume normal activities within 24 hours.

Recommended Treatment Plan:

A series of 3–4 treatments spaced 4–6 weeks apart is typically recommended. Maintenance treatments help sustain results.

Preparing for Your Appointment:

- Stop retinoids, AHA/BHA acids, benzoyl peroxide, and exfoliating products 1 week prior.
- Avoid alcohol and NSAIDs 48–72 hours before (unless medically necessary).
- No self-tanner on the treatment area.
- Arrive with a clean, makeup-free face.
- Please let your doctor know if you have a history of cold sores.

Post-Treatment Care:

0–24 Hours:

- Expect redness, warmth, and tightness.
- Use SkinFuse® Lift HG and Biojuve® Calming Mask as directed.
- No makeup, sunscreen, sweating, exercise, or heat exposure.

24–72 Hours:

- Begin SkinFuse® Rescue Calming Complex after 24 hours.
- Use gentle cleansers only.
- Avoid retinoids, exfoliants, acids, and benzoyl peroxide.
- Mineral sunscreen and makeup may resume after 24 hours if comfortable.